

Sunday Service

Welcome
Sunday 22nd January

Today

10am : Tea and Coffee on the Middle Floor

10.30am: This Sunday Anthony will be continuing our new series on 'Re-forming the Church' focusing on the theme 'Unity' with readings taken from Ephesians 4 v 25-32 and Psalms 133.

12pm : Lunch on the Middle Floor.

6pm : We will be sharing on the unity of the church

Pastoral Support

If you know anyone who would appreciate pastoral support, please contact:

Rosey McFarlane on 07894 503174 or
rosey.mcfarlane@stirlingbaptist.co.uk

The prayer team wear **yellow** badges and will be available during our services at the back of the hall.

Giving

Stirling Baptist relies on the generous and faithful giving of the fellowship. If you usually give at our Sunday services and would like to try an online option, please visit www.give.net/stirlingbaptistchurch. You can also give by texting "NQ97A give £(your chosen amount)" to 60777 or scan the QR code to go directly to the giving page.



Wander and Natter

When: **Saturday, 4th of February**

Where: **King's Park**

Join us for a new monthly social fellowship activity! More details to follow.



Understanding Anxiety

A free 5-week community support groups to learn how to talk about anxiety and learn some practical tools to cope when feeling overwhelmed or anxious.

Day Course: Mon 6th Feb - Mon 6th March inclusive, 1-3pm in The Life Centre

Evening Course: Mon 17th April - Mon 15th May inclusive, 6.30 - 8.30pm in The Life Centre

Sign up by emailing Lynsey and Ondrej at

cbtgroupstirling@gmail.com 10:00am – 12noon



Thriving Through Menopause

Fiona Johnstone is a recently retired GP and Menopause champion.

Join one of our free 4-week community support groups to learn more about the physical and emotional impact of menopause and learn some practical

Day Course: Tue 21st Feb - 14th Mar inclusive, 1-3pm in The Life Centre

Evening Course: Thur 26th April - 18th May inclusive, 7-9pm in The Life Centre

Sign up by emailing Michèle @ The Life Centre:

michelegibbonsbc@gmail.com putting MENOPAUSE WORKSHOP in the subject box

The Gathering

We have our Gathering on **Saturday 25th of February 9am**

- **1pm** and our Covenant Service on **Sunday 26th of**

February with Baptisms.



Warm Welcome Spaces

Warm Spaces are open again in The Haven and The Life Centre!

Monday - Wednesday 4-9pm in The Haven

Monday - Thursday 10am - 3pm in The Life Centre

Please contact the Office for more information.



1to1 'Therapeutic Listening Service'

There is currently availability on **Wednesdays at 11am and 2pm, and on Thursdays at 11am.**

If it would help to talk to someone, please contact **Michele on 07889 631119** to arrange to talk in confidence to one of our experienced and compassionate listeners.

The Haven

Monday	1030 - 1130am 12-12.45pm 1-2pm	Coorie and Craft Community Prayer Community Lunch
Tuesday	10.30am - 12pm 1.30pm - 2.30pm	Living Well Mens Group Bible Study
Wednesday	1030am - 12pm 1-3pm 3.30-5pm	Tots Cafe FVRC Support Group Homework Mentoring Scheme



Haven Cafe Church

Sunday 29th January at 11am

Come along to Cafe Church at The Haven, an informal church service in a relaxed setting with hot drinks and light refreshments.

Family News

This week we continue to remember Margaret Reed and family in our prayers after the sudden death of her husband Paul recently. The service of thanksgiving for Paul will be held at SBC on Tuesday 31st of January at 11am. Light refreshments will be served on the middle floor after the service. All are welcome to come.

Also we continue to pray for Jean Healer and Margaret Thompson who are both in the community hospital at the Belfield Centre in Stirling. We pray for Malcom Smith whose mum died last Monday. Donald Black is now home after 7 weeks in hospital. We continue to pray for Donald and Fiona during this difficult time.

Staff Contacts



Senior Pastor

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Support Team Manager

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Pastor

Rev Anthony Luxton
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CAP Debt Centre Manager

Fiona Welsh
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Pastor

Rev Rosey McFarlane
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Life Centre Worker

Michele Gibbons
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Community Team Leader

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Finance Manager

Derek Hayward
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financemanagersbc@gmail.com

If you are new or visiting SBC for the first time...

Please fill in your details or visit our Welcome desk on the Middle Floor! This will allow us to get in touch with you with more information about what's happening on a week by week basis. Your information is not shared and we aim to send no more than one email per week. Please tear this off and leave it in the offering plate.

Name -----

Email -----

Telephone -----